



North East Independent School District Alamo Area Aquatic Association

www.aaaa-sa.org

Meet Information

Posted 06/02/10

The contents of this document are the sole responsibility of the Meet Host. Any and all questions regarding any aspect of the competition must be addressed only to the designated Meet Director

Meet: •2010 AAHSSL Dual #3 - Distance Invitational

Dates: •Saturday, October 30, 2010

Venue: •Josh Davis Natatorium
•Blossom Athletic Center (Northeast Stadium)
•Jones-Maltsberger Road at Starcrest (Bitters)
•San Antonio, TX 78216
•210-491-6132

Facility: •The Josh Davis Natatorium is part of the North East School District's Blossom Athletic Center also known as the North East Stadium
•Eight FINA width lanes (2.75-meters)
•2.12-meters minimum depth
•All automatic DAKTRONICS starting and timing
•Off-deck, stadium type seating for 1500 spectators
•Spectators are not permitted on deck at any time for any reason!
•Concessions and swim shop in the lobby
•The competition course has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming

Teams

Participating:

•BOCH •NECA •SAAH •SAMD •TMI
•BOER •SBSV •SACH •SAMR
•COJU •SCCL •SAHM •SARE
•NEBR •SCST •SAJO •VIME

Cell phone

restrictions:

•The presence and / or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times.
•There are no exceptions to this prohibition.
•Violators are subject to disqualification from the meet and disbarment from the facility.

Rules:

•Except as may be noted elsewhere, the 2010 – 2011 National Federation Swimming, Diving and Water Polo Rules and the AAHSSL 2010 - 2011 Handbook will apply

Format:

•Senior and High School event competition in a timed final format
•Whistle Start Procedures will be in use at this meet
•The 1000-yard freestyle and 400-yard individual medley will require a positive check-in no later than 8:30 AM
•These events will be gender combined (mixed), seeded on deck and swum fastest to slowest
•There are MINIMUM qualifying times on six events
•Entering swimmers must have at some time (lifetime best) achieved at least the time specified in order to enter these events
•Swimmers who fail to swim at least the minimum qualifying time will be disqualified from further participation in the meet

Fly-over

Starts:

- Fly-over starts will be utilized for individual (not for relays) events except backstroke, the 1000 free and the 400 I-M
- The purpose of fly-over starts is to conserve time and to establish and maintain competitive momentum
- Under ideal conditions and with appropriate cooperation from the athletes, intervals between races can be held to less than 20 seconds
- The conditions required:
 - As swimmers finish their race, they MUST stay in the water and close to the wall as the next heat is started over their heads
 - A failure to do so can create potentially dangerous situations
 - As soon as the outgoing race is in the water – but not before - the just finished swimmers must promptly exit the pool
- The procedure:
 - When the finishing race is approximately ten yards from the wall, the Deck Referee will sound the short whistles, which alerts the next heat to be immediately ready to mount the blocks
 - When the last swimmer in the incoming heat is within approximately two yards or less of touching the wall, the Deck Referee will sound the long whistle and all swimmers MUST IMMEDIATELY mount the blocks and prepare for a start
 - As soon as the Deck Referee is satisfied the pool is clear and all is in readiness, her / his arm will be extended and the Starter will give the "Take your mark" Command
 - The same process is then repeated for each additional heat
 - Intervals between events are similarly managed, i.e., there will be no delays
- Because this procedure is time sensitive with little or no delays, upcoming swimmers must anticipate their next race, have caps and goggles in place, be properly situated behind their blocks and be immediately ready to mount the blocks on hearing the long whistle
- If careful attention is not given to the situation at hand, swimmers can very easily miss their race and / or be disqualified for delay

Team

Manager:

- An HYV File containing the entire meet setup, including any qualifying times, is available for download into Team Manager on the AAHSSL Page of the Alamo Area Aquatic Association Web Site at: <http://www.aaaa-sa.org/>

Entry

Procedures:

- Entries may be made ONLY via Hy-Tek Commlink File
- Entries will be accepted ONLY by e-mail or hand-delivery
- Under no circumstances will entries be accepted via FAX, U. S. Postal Service, FedEx, UPS, etc.
- Please format any floppy disks prior utilizing for entries
- Hand-written entries will not be accepted
- Entries received without a seed time will not be entered into the meet

E-Mail

Entries:

- Entries in Commlink Format only, MUST be sent to: djohns1@neisd.net
- Please rename the Commlink File to clearly identify the entering team - the shorter the better
- Athletes included in improperly identified Commlink Files (cfile0X.cl2 or zfile00X.zip) will not be entered into the meet

Submit

Entries To:

- David L. Johnson
- Josh Davis Natatorium
- 12002 Jones-Maltsberger Road
- San Antonio, TX 78216
- 210-491-6132 / djohns1@neisd.net

Entry

Restrictions:

- This meet is open ONLY to High School Teams who are noted above
- An individual competitor is permitted to enter a maximum of four (4) events per day, no more than three (3) of which may be individual events
- There are MINIMUM qualifying times on six events
 - Entering swimmers must have at some time (lifetime best) achieved at last the time specified in order to enter these events

Swim suit

Restrictions:

- Only one suit is permitted during competition
- The suits must:
 - Be of one piece
 - Be constructed of woven / knit material
 - Be 100% permeable to air and water
 - Not aid buoyancy
 - Not have fastening system other than waist ties, casings, ribbing or elastic (no zippers)
 - Not extend beyond the shoulders or below the top of the kneecap and not cover the neck for women
 - Not extend above the waist or below the top of the kneecap for men
- Swimmers found in violation of these restrictions will be banned from further competition until the violation has been remedied

Relays:

- "Relay only" swimmers ARE permitted
- Only one relay team per school is permitted
- Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete
- If relay swimmers are to be correctly noted in the Final Results, the order of swimming must also be specified
- Relay cards for the 400-yard Medley Relay must be turned in to the Administrative Referee not later than the 8:00 AM
- Relay cards for the 800-yard Free Relay must be turned in to the Administrative Referee not later than the start of the men's 50-yard backstroke
- Once relay cards have been turned in to the Administrative Referee, no name changes will be permitted
- Designation of the lead-off swimmer may be altered up until the swimmers report to the blocks
- Post-meet corrections or alterations cannot be made

Entry

Deadline:

- 12-noon, Wednesday, Thursday, October 21, 2010
- No Exceptions!
- No late / deck entries

Meet

Management:

•Meet Director:

- David L Johnson
- 12002 Jones-Maltsberger
- San Antonio, TX 78216
- 210-491-6132
- FAX: 210-491-6133
- djohns1@neisd.net

•Swimming Referee:

- Frank Swigon
- 25203 Baneberry
- San Antonio, TX 78258
- 210-497-1086
- fswigon@yahoo.com

Administrative Referee:

- Josh Bair
- 12002 Jones-Maltsberger
- San Antonio, TX 78216
- 210-491-6132
- jbair4500@yahoo.com

Entry fee:

- None!

Scoring:

- Not scored!

Time trials:

- None!

Awards:

- None!

Diving:

- Will be conducted at another venue in the normal AAHSSL scheme of dual meets

Schedule:

- Warm-ups 7:00 AM
- Sprint lanes open 7:25 AM
- Clear pool 7:45 AM
- Coaches' Meeting 7:45 AM
- Meet begins 8:05 AM

Timers:

- The host facility will attempt to provide backup timers for this meet
- However, volunteers will be needed, welcome and appreciated

Officials:

- Please report to the deck level classroom at 7:30 AM to receive your assignments

Order of Events
Saturday, October 30, 2010
 Distances are in yards

Women's #	Minimum Qualifying Time	Stroke	Distance	Minimum Qualifying Time	Men's #
1		Medley Relay	400		2
3*	13:08.29*	Freestyle*	1000*	13:34.39*	3*
5		Backstroke	50		6
7	2:24.99	Freestyle	200	2:15.69	8
9		Breaststroke	50		10
11		Butterfly	200		12
13		Freestyle	50		14
15		Breaststroke	200		16
17		Butterfly	50		18
19		Backstroke	200		20
21		Freestyle	100		22
23*	5:44.29*	Individual Medley*	400*	5:25.49*	23
25		Free Relay	800		26

*These events will require a positive check-in, be gender combined (mixed), seeded on deck and swum fastest to slowest. There are no events numbered 4 or 24.
 Swimmers who fail to swim at least the minimum specified qualifying time will be disqualified from further participation in the meet.

